

December 2022



Sun

Mon


Tue

Wed

Thu

Fri

Sat

				1 pasta	2 snacks	3 canned veggies
4 Canned meat—tuna and salmon	5 Boost & Ensure	6 cereal	7 Mister Noodle	8 rice	9 granola bars	10 baking supplies
11 chocolate bars	12 peanut butter	13 jams & jellies	14 Depends for women—all sizes	15 Depends for men—all sizes	16 toothpaste	17 deodorant
18 baby wipes	19 diapers size 6	20 canned fruit	21 condiments	22 pasta sauce	23 KD	24 Enfamil baby food
25 detergent	26	27	28	29	30	31

Note: Please do not contribute expired food stuffs as they can not be passed on to the food bank clientele.

Reverse Advent Calendar

Join us as we partner with the [Langley Food Bank](#) in an effort to offer food security to those in our community who are struggling at this time of year. Put one food item a day into a hamper from December 1-24th and drop it off at South Langley Church from 3-5 pm on Christmas Eve.



SOUTH
LANGLEY
CHURCH

